

Bharati Vidyapeeth
School of Performing Arts, Pune (India)
Dance (Sattriya) Syllabus

Foundation

Total Marks: 50

Duration of Examination – 15 Min

Minimum Marks: 18

Total No. of Periods: 50

Course Design:

Theory:

Total Marks: 15

There will not be any written examination for this Foundation Course. Theory part will be asked at the time of practical examination.

1. Information about Sattriya (In 10 sentences- Place of origin, Srimanta Sankaradeva and dance items of Sattriya) -5 marks
2. Hasta Kriya (names of fingers) and Hasta Prachara. -2 marks
- Avartana, Vivartana)
3. Definition of Hasatas – (Asanyukta, Samyukta and Nritta) -5 marks
4. Definition of following terms, -3 marks
Laya, Vilambit Laya, Madhya Laya, Drut Laya, Mati Akhara, Ora. Taali, Khali, Hali, Sattri

Practical:

Total Marks: 35

1. Mati Akhara (ground exercises for body flexibility) – 16 marks
(i) Khachaka or Dandavat (ii) Pachala Tola (iii) Pani Sincha (iv) Haad Bhanga (v) Orat Baha Utha (vi) Orat Jaap (vii) Gerowa Chowa (iv) Kaacha Bandh
2. Mati Akhara (basic dance unit) - 8 marks
(i) Purush Ora (ii) Prakriti Ora (iii) Lahi Ora (iv) Phul Ora
3. Haat Salowa, Hat pakowa and Haat- Bhari – Calana -- 9 marks
4. Bajana : Students should recite Mati Akhara Bols –5 marks
with showing Tala (Chuta Tala)

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Certificate –Level 1

Total Marks: 75

Duration of Examination – 20 Min

Minimum Marks: 27

Total No. of Periods: 60

Course Design:

Theory:

Total Marks: 15

There will not be any written examination for this Certificate – level 1 Course.

Theory part will be asked at the time of practical examination.

1. Brief study on Sattria, Srimanta Sankaradeva and Madhavadeva. – 7 Marks
2. Asanyukta Hasta and traditional Hasta Used in Sattriya – 4 Marks
Dhwaja, Sashaka, Ashimukha, Sarah, Alapadma, Muthi, Mujura, Suchi
3. Names of major classical dance of India with the place of its Origin
- 4 Marks

Practical:

Total Marks: 60

1. Mati Akhora (ground exercises for body flexibility) – 14 marks
(i) Lan – Athu lan, (ii) Thiya lan (iii) Kamitana (iv) Juriya Kamitana
(v) Athuwa (vi) Chatravali (vii) Morapa
2. Mati Akhora (basic dance unit)
(i) Purush Pak(ii) Prakriti Pak (iii) Akol Pak (iv) Shari Pak –20 Marks
(v) Cereki Pak (vi) Tukura Pak (vii) All Muruka (viii) All Chata
(ix) Kakila Khosa (x) Khahaki
3. Krishna’s Lavanu Chori Nritya – 15 Marks
(foot work – 3, hasta- 3, Angsuddhi – 3, rhythm – 3, presentation -3)
4. Bhariman : Juti, Tewai, Khosora, Salikichip, Padachalana. -- 5 Marks
5. Bajana : (a) Students should say and show the Tala of Mati Akhora - 6 Marks
(b) Chut Kala Tala and Thukani Tala
6. Previous syllabus of Practical

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Dance (Sattriya) Syllabus

Certificate - Level 2

Total Marks: 125

Duration of Examination – 2 Hours

Total No. of Periods: 65

Course Design:

Theory –

Total Marks: 50

Minimum Marks – 27

Duration of Examination – 3 Hours

Written examination will be there for this Certificate – level 2 Course.

1. History of Sattriya dance in short. -- 10 Marks
2. Definitions: Sattria, Majuli, Bhaona, Folk dances of North East, Maati
Akhara, Ramdani, Anga, Pratyanga, Upanga, -- 10 Marks
3. Brief knowledge of Musical Instruments of Sattriya -- 10 Marks
4. Sanyukta and Asanyukta Hastas from Sri Hasta Muktavali
(10 hastas from each group) --10 Marks
5. Notation of Bajana: Thukani Tala, Chuta Tala, Ek Tala
and Rupak Tala. – 10 Marks

Practical:

Total Marks – 75

Minimum Marks – 27

Duration of Examination – 20 Min

1. Mati Akhara (ground exercises for body flexibility) – 5 Marks
(i) Morai Pani Khowa (ii) Kachoi Pani Khowa (iii) Teltupi
(iv) Chit khar (v) Kati Khar
2. Mati Akhara (basic dance unit)
(i) Citika (ii) Jalak and Singha Jalak (iii) Tewai (iv) Chalana –7 Marks
(v) Baag Jaap, Sanmukhaloi Jaap (vi) Saliki Chip
(vii) Previous Mati Akhara
3. Dance Item: Nadubhangi (Ramdani) -- 20 Marks.
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
4. Dance Item: Jhumura (Ramdani) -- 20 Marks.
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
5. Asanyukta Hasta Viniyoga (10 from Sattriya Tradition) -- 15 Marks
Krishna, Pranam, Raja, Matsya, Kurma, Brahma, Surya, Bayu, Bahni, Mujura
6. Reciting of Ga-man, Bhangoni and Ghat of Nadubhangi and Jhumura.– 8 Marks

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Dance (Sattriya) Syllabus

Higher Certificate - Level 1

Total Marks: 200

Duration of Examination – 3 Hours

Total No. of Periods: 70

Course Design:

Theory:

Total Marks: 75

Minimum Marks – 27

Duration of Examination – 3 Hours

Written examination will be there for this Higher Certificate – level 1 Course.

1. Knowledge of Ankiya Nats of Sankaradeva and Madhavadeva -- 10 Marks
(12 Ankas of both the Gurus)
2. Definition of Independent dances of Sattriya. -- 15 Marks
Notes on Nadubhangi, Jumura and Chali
3. Hastas of Srihastha Muktavali and traditional Hastas -- 10 Marks
used in Sattriya.
4. What is Folk dance? Study different Folk dances of India. -- 10 Marks
5. Definitions: Ga-man, Ghat, Chok, Bargeet, Bhaona. -- 10 Marks
6. Definition of Nritta, Nritya and Natya -- 10 Marks
7. Notation of Bajanas of dance items you learnt -- 10 Marks
and bajana of Paritala, Dharanjati Tala and Chutkala Tala.

Practical:

Total Marks –125 Minimum Marks – 44 Duration of Examination – 25 Min

1. Mati Akhara (ground exercises for body flexibility) – 10 Marks
(i) Lan – Kati lan (ii) Udha lan (iii) Tamal mochara (iv) Buku showa
(v) and previous Mati Akhara for body flexibility.
2. Mati Akhara (Basic dance unit) – 14 Marks
(i) Theng mela tukura pak (ii) Udha cereki pak (iii) Ur paak (iv) Ur paak tukura
(v) Geri paak (vi) Thiya Muruka and (vii) Baha Muruka
3. Dance Item: Nadubhangi (Ramdani and Gitar nach) -- 20 Marks.
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
4. Dance Item: Jhumura (Ramdani, Geetar nach and Mela nach) -- 20 Marks.
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
5. Dance Item: Gopi Praveshar Nach --- 20 Marks
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
6. Able to perform a piece of Abhinaya on Sloka/ Ghosa/ Bhatima – 10 Marks
from the composition of Sankaradeva and Madhavadeva.
5. Asanyukta Hasta Viniyoga (30 from Shrihasta Muktavali) -- 16 Marks
6. Notation of Bajanas: Mela nach and Geetar nach – 15 Marks
Tala: Paritala and Kharman Tala.

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Dance (Sattriya) Syllabus

Higher Certificate - Level 2

Total Marks: 250

Duration of Examination – 3 Hours

Total No. of Periods: 70

Course Design:

Theory:

Total Marks – 100

Minimum Marks – 35

Duration of Examination – 3 Hours

Written examination will be there for this Higher Certificate – level 2 Course.

1. The tradition of Sattriya dance in Sattras institutes. -- 15 Marks
Practice of this dance style from 500 years.
2. Distinctiveness and special characteristics of Sattriya dance. -- 15 Marks
3. A brief introduction to the Natyashastra, Abhinaya Darpana -- 15 Marks
And SriHasta Muktaavali
4. What is Abhinaya? Give information of Angika, Vachika, Aaharya and
Satvika Abhinay. -- 10 Marks
5. Learn Stories of Krishna from Ankiya Nats. -- 10 Marks
6. Definition on: Tandava, Lasya, Bhangi, Nandi, Bhramari, -- 10 Marks
Utplavan, Bhramari, Chari.
7. Theoretical knowledge of independent dances and -- 15 Marks
drama centric dances of Sattriya.
8. Notation of Bajana: the items that you have learnt -- 10 Marks
based on Ektala, Paritala and Kharman Tala

Practical:**Total Marks – 150****Minimum Marks – 53****Duration of Examination – 25 Min**

1. Practical Knowledge of Mati Akharas -- 5 Marks
2. Greeva Bhedas and Dristi Bhedas used in Sattriya. -- 5 Marks
3. Practical knowledge of Sanyukta, Asanyukta and Nritta Hastas –10 Marks used in Sattriya
4. Dance item: Chali (Ramdani) Suddha Chali -- 20 Marks
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
5. Dance item: Hajowalia – --20 Marks
(Dhenita Dhenita Khita / Tak JidDhei DiDi Dhei)
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
6. Dance item: Chali Bar Ramdani --20 Marks
(Thei Dhegi Tita Nita Tini)
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
7. Dance item : Raja gharia Ramdani -- 20 Marks
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
8. Dance item: Bahar dance (Ramdani) -- 20 Marks
(Foot works - 5, Rhythm- 5, Angasuddhi-5, and Presentation 5)
9. Krishna Vandana and an Abhinaya on gita from Ankiya Nat. – 20 Marks
10. Notation on Bajana: Chuta , thukani, Rakta Tala, -- 10 Marks
Chari Khandia or Mishra Tala, Chutkala and Jaman.

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Diploma - Level 1

Total Marks: 400

Total No. of Periods: 70

Course Design:

Theory:

Total Marks – 150

Minimum Marks – 30 / Paper

Duration of Examination – 3 Hours / Paper

Two Written papers will be there for this Diploma – level 1 Course.

Paper - 1

Total Marks: 75

1. Techniques of Classical dance. Classical principles in Sattriya.
2. Study of Mati Akhara and its importance for physical and mental health
For dance.
3. Study of Chaturvinshati Avatar (Dashavatar) given in the Kirtan by Srimanta
Sankardeva.
4. Study about three sets of Sattras –
Kamalabari, Bordowa and Barpeta styles.
5. Story of Natyotpati given in the Natyashastra by Bharata.
6. Bajanas of Practical syllabus of present year.

Sattriya

Diploma -1

Paper- 2

Marks-75

1. Study of Amkiya Nats of Srimanta Sankardeva.
2. Dances of Female grace of Sattriya.
3. Short Notes –
Nandi Shlok, Bhatima, Ghoxa, Borgeet.
4. Detail study of Satvika Abhinaya and its application in Sattriya Abhinaya.
5. Short Notes –
Art and Craft of Majuli, Tradition of Mask, Sanchipat (Manuscript) and use of Natural Colours, Vrindavani Vastra.

Practical Diploma 1

Practical:

Total Marks – 250

Duration of Examination – 30 Min

Minimum Marks – 100

A)

1. A stage performance (should include other than Practical) - 75

B)

1. Gopi Pravesh Nach – 2
2. Gosai Pravesh Nach
3. Rajaghariya Chali (should not repeat from earlier syllabus)

Ramdani, Geetar Nach, Mela.

4. Bahar Nach.

Ramdani, Geetar Nach (2Taals)

5. Rasa Abhinaya based on Sattriya Literature.
6. Abhinaya on Baregeet.
7. Need to recite all Gaman, Sachar, Bhangani of all dance compositions of this syllabus.
