



Bharati Vidyapeeth (DU) Medical College, Pune

Foundation Course – 23-24 Report

01 September 2023 – 16 September 2023

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Medical college, Pune, 411043

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Foundation course 2023- 2024

Subjects/ Contents	Expected hours	Conducted hours for 23-24 batch
Orientation 1	30	27
Skills Module 2	34	18
Field visit to Community Health Centre	08	
Introduction to Professional Development & AETCOM module	40	20
Sports and extracurricular activities	16	12
Enhancement of language/ computer skills ³	32	06
Total	160	83*

*Remaining part of foundation course will be conducted on Saturdays

I. Preamble Foundation Course Report

The new competency Based Curriculum was implemented under MCI directives from August 2019. This year a fifteen days Foundation Course was organized for smooth transition and sensitization of the newly joined students at beginning of the MBBS course. Aim is to lay down the necessary foundation for the MBBS course and career later, with essential knowledge, habits and skills.

The new CBME curriculum emphasizes achievement of clinical competencies by the Indian Medical Graduate, rather than just knowledge. Towards this objective, it also purports to address, in addition to the medical knowledge, the so far ‘hidden’ curriculum components of ‘Attitude, Ethics and Communication skills’, all of which are essential for being an effective clinician. Creating awareness of the importance of healthy hobbies, be it sports or cultural activities, deemed essential for being able to cope with the stresses faced in medical practice has also been given to inculcation of self-study skills in the medical professionals, who

necessarily have to be lifelong learners in order to be able to assimilate the rapid advances in the field of Medicine.

To achieve this, various components to be addressed have been elaborated by NMC (MCI) in the Module 1 document of Foundation course.

The course was planned as per the guidelines of NMC, starting from 1st September 2023 to 16th September 2023.

The meticulously planned “foundation course – 2023-2024, was implemented successful because of enthusiastic participation of all the faculty members across all the departments.

II. Principal’s Address and Parents’ Meeting

Dr. Mandar Karmarkar: Principal

The program began on 1st September 2023 with the Principal, Dr Mandar Karmarkar, addressing in Ground floor auditorium. Parents were invited for the address. Principal Dr Mandar Karmarkar briefly introduced the historical development of the institute, nurtured by the visionary Founder – Chancellor Late Dr. Patangraoji Kadam. He elaborated the vision and mission of the institute and the current expanse, achievements of the institute, state of the art facilities and learning opportunities available to the newly joined students. He also focused on the institutes’ curriculum.

Coordinated by –Dr Shweta Thorat



III. Ice breaking – Student Introduction, Talent identification, Hobby Clubs

Session conducted by –Dr Meera Modak, Dr Pradnya Padalkar, Dr Saira Bano and student representatives

Objective:

- a. To help the student to get to know each other with their hobbies and accomplishments.
- b. Help identify student talent and extracurricular interests.

How implemented:

This session was conducted on Monday, 4th September 2023. Students introduced themselves and spoke about their hobbies and extracurricular achievements.

Dr. Meera Modak, cultural committee chairperson and Dr Pradnya Padalkar, sports committee chairperson conducted the session. Members of cultural and sports committee and student representatives were also present. Student representatives of the Sports and Cultural Committees noted down the interests and achievements of the new students, which will help them for planning the sports and cultural components throughout the year. New students were introduced to the hobby clubs, which would be an ongoing activity by the students.

Outcome:

Student were excited to see each other and were very happy to convey their achievements.

The institute already has very active Sports and Cultural Committees which organize annual events like Fresher’s day, ‘Elixir’ – the publication of college magazine amidst cultural performances, ‘Lock-horns’ – the intra-institute sports event for staff and students. They also encourage and organize the student participation in inter –collegiate and inter- university sports and cultural events. Various Hobby clubs, are existing in college and students were interested in participating in various extracurricular activities.

IV. 1 Orientation Module

IV	1	Orientation module
	1A	Introduction to institution / campus / facilities
		Visit to Golden Jubilee Museum
		Introduction to Student Welfare Committees
	1B	Role of doctors in the society
	1C	History of Medicine and alternate systems

	1D	History of alternate systems
		IMG roles / overview MBBS curriculum various career pathways
	1E	Principles of family practice

1. A. Introduction to institution / campus / facilities

Session coordinated by:

Dr. Vidya Kharat – Asso. Professor, Department of Anatomy

Dr. Nimty Raina, Assistant Professor in Physiology and Dr. Rupali Jagtap, Tutor in Biochemistry

Objective:

To familiarize the newly joined students with the college campus, departments, and hostels.

How implemented:

On the very first day ie on 1st September 2023, the students were divided in groups and taken for a campus tour. College building, Anatomy Physiology, Biochemistry departments, college library, store, college museum, other colleges like Homeopathy, Ayurveda, Bnk, Sport ground etc. were shown to the students to make them feel comfortable.

Outcome:

Students were impressed by the huge campus, ground and library with large number of books and the reading halls. Getting to know the layout of the college building with the location of lecture halls and different departments makes them comfortable.



Visit to Golden Jubilee Museum:

Students had a visit to museum and understood the life and visionary work by our founder Dr. Patangraoji Kadam which was shown by a 2-hour video clip-on 16th September 2023.

Students were impressed and felt proud after knowing the history of the institute.



Introduction of Student Welfare Committees

Session coordinated by

Dr. Shweta Thorat - Assistant Professor, Dept. of Anatomy

Objectives:

- a. To brief the students and their parents about various welfare committees in the college like anti ragging, grievance redressal, counselling, student health, Hostel committee, code of conduct committee etc. keeping in mind their safety and wellbeing during the entire medical course.

b. To introduce students to committees with student representation like cultural, sports, magazine, student council etc.

How implemented:

This session was conducted 1st September 2023. All the chairpersons of the student welfare committees presented a brief overview of committees and explained the objectives, functioning of the committee. The contact details and names of all members in each committee were displayed for students to note. The parents were reassured of the welfare and safety of their wards when in campus with the help of approachable faculty members in various committees like anti ragging, anti-sexual harassment, counselling, Grievances redressal cell.

Outcome:

The student and their parents felt reassured that adequate measures and mechanisms are in place for the wellbeing and safety of their wards.



PTA meeting

The parent teacher meeting was organized on the day one i.e. 1st September 2023. Dr. Jyoti Shetty, HOD Psychiatry department addressed the parents about the rising incidence of stress and related problems in students. She also explained the measures which are followed in the institute in case any student face the problem. She requested parents to communicate freely with the faculty whenever they feel the need.

This was followed by question-answer session in the presence Principal of Dr. Karmarkar, Vice-principal Dr. Pore and Heads of the department of Anatomy, Physiology and Biochemistry. Parents asked many questions and were happy to get satisfying answers from the faculty.



1.B. Role of doctors in the society

The medical Profession & Physician's Role in the society – Student's reflections

Session conducted by:

Dr. V. P. Singh Prof. Department of Medicine

Objectives:

To help students to reflect on Physician's Role in the society from different perspectives.

How implemented:

Dr. Singh narrated the role in a beautiful way by giving examples from the history. The issue was addressed from different perspectives.

Analysis of session:

- a. Students satisfied with the session: Yes, as it appeared from the verbal feedback.
- b. What was learnt and comments on take home message: Students understood the various qualities which are essential for a doctor to treat his patients. They got a border perspective of role of a doctor in a society.
- c. Relevant to curriculum: Yes, as expressed above.

Feedback of faculty involved:

Planning and conducting the overall activity: This session was very well planned.

Coordinated by –Dr Aparna Joshi



1. C. History of Medicine

Session was conducted by:

Dr. Saibal Adhya– Professor and HOD, Dept. of Community Medicine

Objectives:

- a. History of medicine worldwide
- b. Medical specialist in history
- c. History of medicine, India
- d. Phases of evolution of medicine

How implemented:

Various stories related to various inventions i.e. John snow investigation of Cholera epidemic, James Lind –first reported trial on Vitamin C prevents scurvy; invention of first vaccination by Edward Jenner for small pox and Story of Ignaz Simmelviz as the savior of mother.

Written feedback was obtained using online platform. The session was appreciated by the students.

Outcome:

The students were enthused to know about the history of medicine.

1.D. IMG roles, Overview MBBS curriculum various career pathways

Session was conducted by:

Dr N. S. Mani, Professor, Department of Pathology

How implemented

It was addressed by Dr Mani, Professor, Pathology department. He explained about roles of a Indian medical graduate. Also gave an overview about the new MBBS CBME curriculum to students. Students interacted and asked relevant questions.

Outcomes:

Discussions and reflections of these sessions primed the students to understand the various roles of an IMG as defined by NMC. Penning down their reflections also helped to clarify their concepts and helped to define how they would go about achieving their goals.

Session coordinated by - Dr Mrunal Ketkar



1.E. Principals of family practice and holistic approach

Session was taken by:

Guest speaker, Dr. Chetan Pradhan, Orthopaedic surgeon, Sancheti Hospital, Pune

Objectives:

- Demonstrate understanding of the role of doctors in the society and their impact
- Discuss the principles of family practice.

How implemented?

He explained the role of a doctor, a general practitioner to the students. He effectively explained the various qualities students should inculcate to become a good doctor. He also addressed students questions related to work life balance and coping mechanisms during the course..

Students Feedback:

All students were very happy and satisfied with the lecture.

Dr.Chetan Pradhan sir session was really good and he told us about the passion and perfection needed to be a good doctor.

I enjoyed Dr Chetan Pradhan's talk completely

Outcome:

Students wear made aware that-

Importance of effective communication in doctor patient relationship. The importance and duties of general physicians and their contributions to the society. The ethics and rules to be followed by any medical practitioner and their advantages to the society. Role of a good practitioner and dos and don'ts to be a good doctor. Importance of self-care to remain healthy during the course and later.

Coordinated by – Dr. Shilpa Gosavi



Anti-sexual harassment awareness

A short orientation programme about the anti-sexual harassment cells was conducted by the Chairman of ASHC, Dr. Aphale madam. She explained the meaning, the definition and the act related to ASH and also spoke about Vishakha guidelines. She made them aware about the ASHC in the college and hospital, its contact details, mail address and the drop boxes kept at various places in the college and hospital



Code of Conduct awareness

Dr. B. G. Londhe, Associate professor, Department of Anatomy and member of Code of Conduct committee, conducted a session for the newly joined students. He explained them the code of conduct and its importance.



V. Skill module

V	2	Skills Module
	2A	First Aid
	2B	BLS
	2C	Universal precautions
	2D	Waste management
	2E	Immunization

2.A. First Aid

Objectives:

- To Learn First Aid in Orthopaedic Emergencies.
- To Learn First Aid in Medical Emergencies.
- To Learn First Aid in Surgical Emergencies.
- To Learn First Aid in Paediatric Emergencies.

How implemented:

The students visited hospital and four departments actively participated in the sessions.

Didactic/ Interactive talks mixed with video demonstrations were included. Each session was of 45 minutes. All sessions were Meticulously planned and presented by faculty from different departments one after the other. Sessions were conducted by faculty from Ortho (Dr. Darshan Sonawane and Dr. Nishant Mirchandani), Surgery (Dr. Abhay Kumar) Medicine (Dr. Neeraj Shettar) Paediatrics (Dr. Ajay Kumar and Dr. Guruprasad)

Outcome:

Students learnt regarding common medical and surgical emergencies and the first aid measures- e.g. unconscious, convulsing, bleeding child/ adult etc. Hands on demonstration of the topics covered was very helpful for understanding topics.

Assessment:

Student feedback was taken. Students were asked basic questions on related topics in First Aid to assess what they have understood during the session. Students liked and appreciated the session.

Session was coordinated by: Dr. Darshan Sonawane, Orthopaedics



2.B. Basic life support (BLS)

Session was conducted by:

Dr Gayatri R. Godbole, Professor, Physiology

Dr. Gagandeep Agarwal, Dr. Preeti

Objectives:

- To train the learner to provide basic life support
- To provide hands on training

How implemented:

Students were briefed about BLS in a lecture. Then the students were divided into three batches. Each batch had a separate hands on learning session in the skill lab.

Assessment of outcome: Total 138 students attended the session. There was improved score in post-test as compared to pre-test.

Analysis of sessions by Student feedback:

- a) Opportunity to learn: Every student got opportunity to practice on simulators.
- b) Experience in brief: students appreciated the session very well. They were enthusiastic to learn.
- c) Relevant to curriculum: It is a basic skill that every student must learn.

Student Responses

Great experience with very good teachers and mannequins

It was a very interesting session.

Conduct this session more frequently

Students liked most – hands on part

Suggestions by students: to conduct such sessions frequently.

Feedback of faculty involved:

- a) Relevance for Planning and conducting the overall activity: The activity was well planned. Videos were prepared in advance. Pretest was formulated.

Faculty Perception:

Basic life support is an emergency management skill that every student must practice to save life. It was an interactive session and appreciated.

- b) Recommendations for improvement for subsequent batches

Hands on training is must for this session. To dedicate one day to BLS skills. Half day session is not sufficient.



2.C, D -Biosafety & HICC (universal precautions, waste management)

Session was conducted by:

Infection Control

1. Team lead - Dr. Anuradha Tolpadi – Professor (Microbiology), Incharge – Infection Control
2. Dr. Snehal Dhayagude – Assistant Professor (Microbiology)

Antimicrobial Stewardship –

Dr. Col (Dr) Mahadevan Kumar, Professor Microbiology and Head Anti-Microbial Stewardship Program.

Objectives-

- To highlight the importance Universal precautions, Hand Hygiene, Personnel Protective Equipment and Biomedical Waste Management
- To understand the Essential components of universal safety precautions
- To understand and learn 6 steps and 5 moments of hand hygiene.
- To learn wearing of personal protective equipment
- To understand segregation of biomedical waste and know the flow of biomedical waste from segregation to final disposal
- To learn post exposure prophylaxis to needle stick injury.
- To understand how to prevent needle stick injury and importance of Hepatitis B vaccination

How implemented

- Venue- Ground floor auditorium, Bharati Vidyapeeth (DTU) Medical College, Pune
- Dates and sessions- 11st September 2023 & 12nd September 2023
- Mode: Offline (Physical attendance)

The programme was as follows:

I MBBS (Batch 2023-2024) Foundation Course

Total number of students: 131

Sr. No	Activity – Day 1	Faculty
1.	Pretest – Google form based	Dr. Anuradha Tolpadi, Dr. Snehal Dhayagude, ICNs
2.	Introduction to Infection Control & Universal Safety Precautions - Lecture	
3.	Hand Hygiene awareness video	
4.	Hand Hygiene – Lecture	

5.	Personal Protective Equipment – Lecture	
6.	Hand Hygiene, Personal Protective Equipment - Demonstration	
Sr. No	Activity – Day 2	Faculty
7.	AMSP Pretest	Dr. M Kumar, Dr. Anuradha Tolpadi, Dr. Snehal Dhayagude, ICNs
8.	AMSP – Lecture	
9.	Needle stick injury - Educational video	
10.	Needle stick injury - Lecture	
11.	Biomedical Waste Management - Lecture	
12.	Hospital rounds – Ward, BMW central storage area, Central Sterile Supply Department (CSSD)	
13.	HIC and AMSP Post-test – Google form based	
14.	Feedback – Google form based	

Assessment of outcome -

- a. Pre-test and Post-test were conducted (Google forms) for students to assess how much the students had understood the topic. Answers and scores of same were released at the end of the course.
- b. Assessment results: Performance of all the students was better in post-test. An average score increase of **20%** was noted in post-test for Infection Control topics and **6%** in AMSP topic respectively.

Analysis of session

a. Students Satisfied with the session - Yes

b. What was learnt and comments on take home message: Basic concept of Universal precautions, Hand Hygiene, Personnel Protective Equipment, Biomedical Waste

Management and Antimicrobial Stewardship (AMS) was explained. Universal Safety precautions were learnt by students during the 2 days session. Students liked the initiative to introduce infection control early on in medical education. They were attentive throughout and tried to gain maximum knowledge from faculty.

c. Relevant to curriculum: It was very useful and these practices will help them to prevent spread of infection. Become a responsible doctor and practice appropriate AMS and Infection Control practices wherever indicated.

D. Mode of teaching: Offline (Physical Attendance)

Student feedback:

Students enjoyed the sessions on both days. They found the sessions very informative and gained knowledge from them.

Feedback of faculty involved

a. Planning and conducting the overall activity-

Experience of planning & conducting the activity

- It was pleasure to conduct such activity at this stage
- Students were receptive and showed lot of enthusiasm

b. Faculty perception:

Relevance & importance to new joiners:

- Appropriate time to conduct such activities at the entry to medical profession.

How it was perceived by the new joiners:

- They enjoyed the training. They also understood the importance of the topic.
- They asked relevant questions wherever in doubt which were clarified by faculty



2.E. Immunisation

Session was conducted by:

Dr. Amruta Walimbe & Dr Disha Padalkar, Department of Paediatrics

Objectives:

- To give an overview of Immunization

How implemented

The session was conducted in auditorium

The Topics covered were as follows

- 1) Basics of Immunology & Types of Vaccines
- 2) History of Vaccination
- 3) Cold chain & Vaccine storage
- 4) National Immunisation Schedule
- 5) Adolescent Vaccination
- 6) Practical Aspects of Immunisation
- 7) Vaccination Myths & Facts

The session on Practical Aspects of Immunisation was very interactive.

The session was on 7th September 2023, 11.00 am to 12.30 pm

We prepared an informative powerpoint ppt. Also some interesting videos were shown to make the topic interesting. Also tried to make it interactive by asking simple questions. Lot of questions were asked by the students in the end too

Outcome:

Students were satisfied with the topics included. They were convinced about the need for vaccination. Also they understood the practical aspects of vaccination very well. The topics which students liked the most are practical aspects of immunisation and National immunisation schedule. More than 85 % students have also showed interest in volunteering for vaccination campaigns too.

Assessment:

By verbal question answers and google form

Faculty feedback

- a) Relevance for Planning and conducting the overall activity: Foundation course in necessary, immunisation is a very important topic and students definitely need some sensitisation at the early stage itself. Planning of all sessions was perfect.
- b) Faculty Perception: It was a nice experience to interact with the freshers. They asked innumerable questions at the end, so more such question answer sessions on vaccination can be kept.
- c) Recommendations for improvement for subsequent batches – The session duration can be shortened as two hours is a really long time for students to concentrate. May be we can divide it in two sessions on two days . Also we can make it interesting by quiz or more of question answer format rather than lecture.



VI. Community orientation module

VI	3	Community Orientation Module
	3A	National Health goals and policies/ health Care systems community health
	3B	Interactions with patients and families, Communities
	3C	Introduction to Family adoption programme

3.A. National Health Goals and Policies

Activity conducted by - Dr. Prakash Doke, Chairperson, CRPU

Objectives:

1. Demographic profile of India
2. Enlist the health problems of India and the health resources
3. National health policy- 1983, 2002, 2017
4. Salient features of National Health Policy
5. To orient students about various national health goals and policies

3. How implemented:

Lecture

a. Time frame:

Lecture by Dr. Prakash Doke, Chairperson, CRPU 10:30 to 11:30

b. Number of students, student distribution amongst different subcomponents:

130 students attended the session

c. What was done

Students were explained the meaning and definition of goals. They were oriented about National Health Goals and priorities in India. Health prioritization and health resources were discussed in detail.

4. Assessment of outcome:

Online written feedback was obtained.

5. Student feedback:

a. Opportunity to learn: The session informed them about the importance of Health policies and programs.

b. Hands on experience: There are many national health care issues in India and our government is working on it but as youths and aspiring doctors should also contribute and work towards overall national health. Through examples, they also learnt the practical and long term working of such programs in our country.

c. Relevance, importance as per their perception

- Learnt the various steps and policies taken up by the government to tackle issues like communicable and non-communicable diseases as well as general health and population studies
- Government has implemented a good set of rules for the welfare of the general public and if followed them, they can raise the health standards of community.
- Students got to know about the national health policy and goals, as future doctors it's responsibility to be aware of such policies and have a sense of responsibility towards community

6. Feedback of faculty involved:

a. Experience of planning & conducting the activity,

All concerned faculties were involved in planning. A PPTs was prepared to orient students regarding salient features of the policies and programs.

b. Faculty perception of:

Relevance & importance to new joiners –

It was very relevant activity to introduce new joiners to important health problems, health resources and national health programs. This will definitely help in changing attitude and perceptions towards community health and understanding their roles and responsibility as common man as well future health care provider. It gave them insight about health benefits of various national health programs.

How it was perceived by the new joiners

The feedback given students shows that the activity was perceived to be useful for them.



3 B. Community Health, Health Care systems & its delivery and Interactions with patients and families, Communities

Activity conducted by. - Dr. Prasad Pore, Dr. APS Narula, Dr. Sudhanshu Mahajan

2. Objectives-

- Describe the basic principles of community health and its impact on Health and disease.
- Discuss the health care systems in India with reference to primary, secondary and tertiary level care
- To differentiate between primary, secondary and tertiary health care.
- Observe the structure and functioning of the Primary health Center, community health center along with UHTC & RHTC.
- Reflect on the observation.

Competencies addressed

- FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care.
- FC 3.4 Discuss the basic principles of community health and its impact on health and disease.
- FC 3.5 Demonstrate understanding of the structure and functioning of the community health center.
- FC 3.6 Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases.

3. How implemented

- Venue- Ground floor auditorium
- Dates- 13/09/2023 at 9.00 am to 11.00am

Assessment-

- Feedback form was circulated to all student at the end of the module

Analysis of session

a. Students Satisfied with the session - Yes

b. What was learnt and comments on take home message: What is community Health, How health care delivery system is there in rural and urban area.

c. Relevant to curriculum: Yes

D. Mode of teaching: T_L method: offline lecture

4. Feedback of faculty involved

a. Planning and conducting the overall activity-

It was an excellent perception.

b. Faculty perception - Overall session was good.

KEY takeaway message from this session

Common responses were:

- I really appreciate how BVDUMC is affiliated with various UHTCs and RHCs for providing prior experience to various medical graduates, undergraduates and interns.

- Community medicine is important for developing practical skills set and knowledge
- Details information on community health and system how it different from clinical system
- Community Health and its importance in teaching & training, research etc.
- Community medicine and its benefits
- Community medicine is important to improve general Healthcare services in the country
- The importance and meaning of community medicine was well explained in this session.
- I learnt about the promotion of community health. i also learnt about the infrastructure of the health care centres in rural and urban areas.
- The maintenance of a healthy family and giving them care even when theyre not ill
- It was enlightening as to how essential community health is and as medical students it is our privilege to be able to care for the lower strata of society at rural and urban health care centres
- Differences between clinical and community medicine
- That community message is about collaboration and to work towards helping the entire community, not just a single patient
- Learned about team work

Suggestion:

- The session conducted was wonderful
- The session was up to mark, nothing in particular
- Must have been more interactive



3C Introduction to Family adoption programme

Conducted by:

Dr. Narula, Assistant Professor, Department of Community medicine

Coordinator: Dr. Sudhanshu Mahajan, Department of Community medicine

Objectives:

- Orient the learner towards primary health care
- Create health related awareness within the community
- Function as a first point of contact for any health issues within the community
- Act as a conduit between population and relevant health care facility
- Generate and analyze related data for improving health outcomes and Evidence based clinical practices.

3. How implemented:

Lecture with power point presentation.

Student feedback:

70% students found session duration satisfactory. 85% were satisfied with content of session. 67% found session topic useful. 65% understood the topic.

Key message taken by student from session:

- How to get all the medical info from your family
- Highlighting how FAP can help improve cumulative health care status of a large number of families



VII. Professional Development and Ethics module

VII	4	Professional Development and Ethics Module (P&E)
	4A	Concept of Professionalism and Ethics
	4B	White coat Ceremony
	4C	Professional behaviour and altruistic behaviour
	4D	Working in a health care team
	4E	Disability competencies
	4F	Cultural competence
	4G	Stress management
	4H	Time management
	4I	Interpersonal relationship
	4J	Learning

4A. Concept of Professionalism & Ethics

Session conducted by:

Brig. (Dr.) Ravi Rautji- Professor & Head, Department of FMT

Co-ordinated by: Dr. Rucha Gaikwad, Tutor, Department of FMT

Objectives:

- To orient the students to the concept of professionalism in medical practice.
- To sensitize the students regarding ethics in medical practice.

Implementation:

An Interactive session with power-point presentation was conducted.

Assessment outcome:

Feedback form was a Microsoft form shared after the session.

- Relevant to curriculum- Yes
- What was learnt and comments on take home message:

Students got oriented to basic ethical principles, and various guidelines which will help them throughout their professional life.

They got introduced to role of a doctor in doctor-patient relationship, in emergency, in society, etc.

Students perceived an importance of ethical and moral principles in practice.

- Students enjoyed the interactive mode of teaching and the content was well appreciated by the students.
- Students enjoyed various examples and scenarios discussed by speaker

Suggestion: Students want more time and more session should be allotted to this topic



4B White Coat ceremony

Objectives:

To understand that compassion, altruism, integrity, duty, responsibility and trust are the core values that define the nature of the physician's work. The White Coat Ceremony is a rite of passage, welcoming the new medical students into the medical profession. As medical students, they are bound by the same professional commitments that bind all physicians. This ceremony will join the symbol of the white coat with the virtues of altruism, responsibility, duty, honour, respect, and compassion. Creating awareness of the solemn responsibility which comes with choosing the medical profession as the career.

How Implemented:

The white coat ceremony was conducted on Monday, 25th September 2023, at 11.00 am in the Ground floor auditorium for the newly admitted batch of 2023-24. Dr. Savita Mehendale, Professor emeritus, OBGY was the chief guest for the function.

After giving the brief introduction about the importance of white coat in the life of a medical professional each student was invited on stage and the white coat was placed on his or her shoulder. Principal, Dr. Karmarkar, Medical Vice Principals, Heads of the departments and senior faculty from various departments performed this honour. When all newly admitted students had received their white coat, Principal Dr. Karmarkar sir administered the oath to the students. Dr. Karmarkar briefly explained the purpose and importance of the white Coat Ceremony. Dr. Lalwani also addressed the new students and made them aware about their duties as student of medical college. Many parents also attended the function. The event was followed by interaction between parents and faculty. The event was coordinated by Dr. Aparna Joshi, Associate Professor, Department of Anatomy.

Outcome:

The white coat ceremony made the students aware of their professional duties, as prescribed by Hippocrates, to lead their lives and practice their art in uprightness and honour.



4C. Professional behaviour and Altruism

Session conducted by:

Dr. Shivkumar Iyer, Professor & Head, Critical Care medicine

Co-ordinated by Dr. Shilpa Gosavi

Objective:

To understand that compassion, altruism, integrity duty, responsibility and trust are the core values that defines the nature of the Physician's work.

How Implemented: The concepts of Professionalism, accountability and integrity was discussed Dr. Iyer. An interactive session to understand development of Altruism, its implication in healthcare, need for and problems with altruism in healthcare was conducted.

Outcome:

Students understood altruism as an important professional virtue of a physician.



4D. Working in a Health Care Team

Session conducted by:

Dr. Aphale, Professor, Department of Anaesthesia and Dr. Shivkumar Iyer

Co-ordinated by Dr. Saira, Department of Physiology

Objectives:

- To make students aware about the concept & dynamics of team.
- To create awareness about the application of teamwork in health care setup.
- To know about benefits and short comings of teamwork

How implemented:

In a large group setting Dr. Aphale explained the importance of teamwork to the students.

They were given idea of functioning of the Multidisciplinary teams, such as the emergency OPD, or OT or labour room.

Later the students were divided into smaller groups, taken to various departments in the hospital like emergency medicine, ICU, Paediatrics, Physiotherapy etc. and asked to observe the working style.

They again came together in the auditorium and discussed their observations about the importance of teamwork.

Outcomes:

Students have become aware about the qualities required for working in a team such as Shared goals, team spirit, Communication, Leadership, Role clarity, Trust and respect
Students were excited to observe functioning in the hospital.

Assessment:

Students' understanding was tested by informal interaction and Q & As during session
Analysis of Session:

- a) Students satisfied with the session: yes, positive interactions
- b) What was learnt and comments on take home message: learning objectives understood
- c) Relevant to curriculum: Yes.

Feedback of faculty involved:

- a) Faculty perception: Interesting session for preparation and delivery
- b) Recommendations for improvement for subsequent batches: Role plays.



4E. Disability Competencies

Session conducted by:

Dr Gururaj Joshi, Dr. Shubha Nagpal, Dr. Jyoti Shetty, Dr. Arati waknis, Dr. Leena Shrivstava and Coordinated by Dr. Shivkumar Iyer

Objectives:

- To sensitize the students regarding
- Different types of disabilities, problems faced by patients with disabilities

- The need for empathy rather than sympathy while dealing with such patients.

How implemented:

The students were made aware about the medical and social connotation of disability and conditions included in the revised RPwD Act 2016. Students were informed about laws in existence for safeguarding interests of the disabled, like the Rights of persons with Disabilities Act (RPDA) 2016, which mandates inducting disability content in all professional courses including Medical Curriculum.

A panel discussion was arranged with the panellist from different departments like Orthopaedics, Ophthalmology, Audiology, Psychiatry and Paediatrics participated and narrated their experiences about interacting with people with disabilities.

Students were sensitized about the need to provide quality medical care and avoid discrimination against these patients and importance of inclusive environment.

Students performed a role play and also participated in interactive discussion.

Outcome:

Students appreciated and found the session very interesting. The newly joined students became aware about the skills and attributes essential to provide quality health care to patients with disabilities.



4F. Cultural competence

Session conducted by:

Dr Jyoti Shetty, Prof & Head, Dept of Psychiatry, BVDUMC Pune.

Coordinated by Dr. Rita Gambhir, Department of Anatomy

Objectives:

- To demonstrate the Components of cultural competence

How implemented:

In a very interesting and interactive session Dr. Shetty madam explained the various cultural factors and their effects while dealing with patients. She also explained the need of being aware, sensitive and inclusive about these ethnic and varied cultural practices. She also explained the various activities conducted in the college in this regard.

Outcome:

Students have learnt the importance of Cultural diversities and need of being sensitive about these in a medical profession.



4G. Stress management Session

Session conducted by:

Dr. Manjiri Datar, Associate professor, Department of Psychiatry

Objectives:

To discuss the significance and methods of stress management and risk taking behaviour.

How it was implemented:

An interactive lecture on stress management in which Dr. Manjiri informed students about symptoms of stress and how to acknowledge stress. She spoke on the psychological rationale of appraisal of stress with reflections from students. Students were taught and encouraged to adopt various adaptive and rational coping techniques. Encouragement of positive coping strategies was done through examples and role play. Methods to reduce negative coping were informed.

The students were encouraged to take help from mental health professionals and student counselling committee members in Bharati medical college and hospital in case they were facing any psychological and stress related problems.

Students were also taught simple relaxation techniques to be implemented on experiencing stress.

Outcome:

Students understood how to deal in stressful situations such, academic stress, examination stress, peer pressure, family pressure, gender issues, discrimination, dealing with emotions.



4H. Time management

Session conducted by:

Dr. Manjiri Datar, Associate professor, Department of Psychiatry

Objectives:

a. To brief the students about importance of time management during the entire medical course. b. To enable students to manage the time, priorities available time and utilise the extra time for developing hobbies sports and cultural activities to reduce the stress.

How implemented:

An interactive lecture on time management, in which students were explained about simple and practical tips for managing time.

Various behaviour and cognitive techniques were discussed in interactive discussion with students.

Assessment: Verbal feedback during and after the session

Outcome: Importance of meticulous planning, implementation and importance of time management in professional life is impressed upon the students.



4I - Interpersonal relationship:

Session conducted by:

Dr Neela Vaidya, Professor, Department of Biochemistry

Objective:

- To understand the importance of interpersonal relationship in medical field
- To understand importance of communication skills

How it was implemented:

An interactive session was conducted first to give general idea to the students. It was followed by an activity involving multiple student groups. Some topics were given to the students and they performed small role plays to emphasize importance of communication skills.

Outcome:

Students liked the activity and understood the importance of interpersonal skills.



4J–Phenomenon of learning, learning skills And Self-directed learning & Collaborative learning.

Sessions conducted by:

Dr. Asmita Phadke, Professor, Physiology department and MEU member

Coordinated by Dr Rajopadhye, Prof Pharmacology department.

Objectives:

At the end of this session student should be able to

- Recognize the barriers in learning.
- Measures to overcome the barriers.
- Understand the concept of Collaborative learning.
- Understand the concept of SDL.

How implemented

- Phenomenon of learning was discussed in detail long with elaboration on study skills.
- Self-directed learning, phenomenon of self-directed learning & its various modalities were discussed. Dr Phadke also enlightened the students about various free online avenues for self-directed learning.

Assessment:

Students were asked to write Reflection at the end of the module. It will be assessed subsequently by phase I teachers.

Feedback of faculty involved:

- Planning and conducting the overall activity - smooth
- Faculty perception – students were interested in the sessions & actively participated.
- Recommendations for improvement for subsequent batches— NIL



VIII. Enhancement of Language and Computer Skills Module

VIII	5	Enhancement of Language and Computer Skills Module
	5A	Communication
	5B	Local Language training
	5C	English Language training
	5D	Computer Skills training

5.A. Enhancement skills:

Communication

Faculty Involved: Dr Neela Vaidya, Professor, Department of Biochemistry

Good communication skills are essential for an optimal doctor-patient relationship, relationship between peers/colleagues and also colleagues in a team which ultimately contributes to improved health outcomes. Training in communication skill needs approaches which are different from that of teaching other clinical subjects.

Objectives:

At the end of this session, the student shall be able to:

- Describe the basic elements of communication skills
- Explain the importance of listening and empathy in communication
- Explain the importance of good communication skills in medicine
- Recognize the common barriers to communication
- Observe patient and family interactions: interpersonal relationships (Videos, Role plays)
- Reflect on the appropriate ways to respond

Methodology Used:

Interactive Lecture: Role play and videos on doctor patient, family interaction showing barriers of communications, role of Empathy.

Students appreciated the session. They have realised the threat of the barriers of communications, in doctor patient relations, how to rectify the mistakes in communication, reflected on videos and role plays.

Demanded recurring sessions like this to enhance learning and improvement in empathetic behaviour.



5.B, C. Language Module: Local and English language

Session conducted by:

- 1) Dr. Lalna Takale, Professor, Department of Biochemistry,
- 2) Dr. Aparna Joshi, Associate professor, Department of Anatomy
- 3) Dr. Madhuvanti Karandikar, Assi. Professor, Department of Physiology

Objectives:

- Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond.
- Demonstrate use of local language in patient and peer interactions (FC 5.2)
- To know the Marathi words for the body parts.
- To formulate simple sentences of these words.

How implemented:

Total three sessions were conducted by four teachers with PowerPoint presentation & Interactive sessions were conducted by three teachers on 6th, 7th and 11th September 2023.

Session 1- Session was conducted by Dr Aparna Joshi.

Dr Aparna Joshi conducted session by projecting PPT of all body parts of Head, Face, Neck regions and their Marathi names. This session was made interesting by maximum interactivity. Students were taught construction of simple sentences in Marathi which included the body parts of Head, Face, Neck regions. Students who could understand Marathi were given Puzzle in Marathi and were asked to solve that simultaneously.

Session 2- Session was conducted by Dr Madhuvanti Karandikar

Dr Madhuvanti Karandikar conducted session by projecting PPT of different symptoms of all body parts and their Marathi names. Students were taught construction of simple sentences which included the symptoms of the body parts. Session was made interactive by asking them to repeat the symptoms in Marathi again and revising again and again.

Session 3- Dr. Lalna Takle conducted remaining session by projecting PPT of all body parts of Thorax, Abdomen, limbs and their Marathi names. Session was made interesting by maximum interactivity. Students were taught construction of simple sentences in Marathi which included the body parts of Thorax, Abdomen, limbs.

Students who could understand Marathi were given Puzzle in Marathi and were asked to solve that simultaneously. There was a very good response from the students. All could solve the puzzle fully or partially.

Assessment: Feedback was taken on last day

Analysis of sessions by Student feedback:

a) Opportunity to learn: Yes.

- b) Experience in brief: Students who did not know Marathi language were eager to learn. Students who knew Marathi also were involved in helping them to formulate sentences and converse.
- c) Relevant to curriculum: No.

Student Responses: Excellent

Students liked most-

1. Role play performed by involved faculty to emphasize the importance of learning local language.
2. The exercise given to students to translate simple sentences given in English to Marathi and to speak also.

Suggestions by students: Nil

Feedback of faculty involved:

- a) Relevance for Planning and conducting the overall activity: Very much relevant
- b) Faculty perception: Good
- c) Recommendations for improvement for subsequent batches: Nil



5. D. Computer Skills Sessions

Session conducted by:

Dr. Aarati Pokale - Associate Professor, Dept. of Community Medicine

Dr. Rupeshkumar Deshmukh – Asst Professor & Biostatistician, Dept. of Community Medicine

Objectives:

- To orient students with online academic learning resources

- Demonstration of Microsoft word, excel, PowerPoint, select designing tools.

How implemented:

The entire course plan was divided into two modules consisting of 02 large group 1-hour sessions. Demonstrations of preparing power point presentations, Microsoft excel workbooks, google forms, eposter etc. were conducted. Students were briefed on correlation of the modules for medical academic purpose eg. – powerpoint for preparing seminars, eposters, excel for data entry and analysis. Online academic resources were shared and their subject specific relevance was explained.

Assessment:

Online feedback was sought from the students at the end of the third session. Following was the response -

- a) Over 75% students rated the sessions as excellent,
- b) Interaction with students: 90 % rated as excellent
- c) Ensuring understanding: 85 % rated as excellent
- d) Explanation on utility of the sessions: 60 % rated as excellent
- e) **Students provided following common positive feedback about the sessions –**
 - Highly Interactive
 - Good content and explanation
 - Knowledge of speaker
 - Many online academic resources were discussed which are surely going to be very helpful in the upcoming years
- f) **Some suggestions regarding sessions:**
 - More hands-on practice for google forms, powerpoint and especially excel
 - More time for use of online resources

Analysis of the session: Overall students were extremely satisfied with the sessions.

Feedback of faculty involved:

1. Good IT support (functioning computers with internet connection etc.) prerequisite for successful conduction of session.
2. More technical manpower required for hands on sessions as individual students have to be attended to.



IX. Sports and Extracurricular activities

IX	6	Sports and extracurricular activities
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2. Objectives-

- To motivate students for active participation for healthy physical activities according to their interest and abilities
- To enhance awareness about mind management through yoga.
- To increase positive thinking about exercises amongst young doctors

3. How implemented:

Venue: Ground floor Auditorium (offline mode)

Sessions:

All students attended various sport activities planned by committee. We have been planned total Six (6) activities after Introduction of committee introduction for conduction of sport components during foundation course through offline mode, these are:

- 1) 01.09.23- Friday – 11.00 am to 12 pm – Committee introduction
- 2) 04.09.23- Monday- 1.30 to 4.00 pm - Hobby club/ Talent identification of student
- 3) 08.09.23- Wednesday- 11.30 am to 1.00 pm- Guest Lecture on: skills of mind management through yoga and meditation
- 4) 13.09.23 to 15.09.23- Wednesday to Friday- Daily 1.30 pm-4.00 pm- a) Experiential Yoga and Meditation & b) outdoor games Basketball, football, Volleyball, Cricket batch wise (A+B+C).
- 5) 14.09.23- Thursday- 10.00-11.00 am- Guest Lecture on: Importance of sport and fitness in young doctors and students
- 6) 30.09.23 –Saturday - 1.30 am to 4.30 pm – Indoor games and prize ceremony

4. Assessment of outcome:

Students were assessed for sport activities like basketball, football, cricket, volleyball and by judging their skills and Yoga skills were judged during conduction of sessions of experiential Yoga and feedback was taken for all activities mentioned in report.

5. Analysis of sessions by Student feedback:

a) Opportunity to learn: Yes, Students satisfied with the sessions and enjoyed. Students learnt and imbibed awareness of sport activities for physical and mental health.

Take home message by student's perception was Yoga and ground activities session helped them to improve concentration, mental alertness and physical fitness and developed awareness about balance between academics and co-curricular activities.

b) Experience in brief:

Students feel all activities have been planned, implemented and executed well and in proper way, students found very enjoyable and energized especially after yoga and meditation and ground activities.

c) Relevant to curriculum- students found scheduled program was Adequately relevant for them

Student Responses

- Implementation was best
- Adequately time framed
- Well planned and executed

Students liked most was Yoga Induction and found them over enthusiastic for marathon and treks

Suggestions by students:

- 1) Organize more sessions for student to overcome stage fear.
- 2) Suggested to plan Badminton and Table tennis.
- 3) Yoga and meditation was appreciated by students and were helped those for reducing stress.
- 4) Yoga and ground activities Should be on regular basis in campus and for longer time.

6. Feedback of faculty involved:

a) Relevance for Planning and conducting the overall activity:

It was good learning experience for planning, conduction of sport activities for foundation program.

b) Faculty Perception:

- Sport and fitness activities are more relevant for students if conducted on ground
- Yoga sessions were responded well, can keep more.

c) Recommendations for improvement for subsequent batches

- For Ground activities, more faculties required for conduction to make more structured but anyways developed rapo with student during outdoor and yoga activities.
- Need to sensitize students for health fitness by planning and conducting indoor and outdoor sport activities.

7. Names of Faculty involved:

- 1) Dr. Pradnya Padalkar- Committee Chairperson
- 2) Dr. Prasun Mishra- Member
- 3) Dr. Rachana Lakhe- Member
- 4) Dr. Abhijeet Mane-Member
- 5) Dr. Nitin Gadkari- Member
- 6) Dr. kavita Deshpande- Member
- 7) Dr. Vasundhara Londhe - Member
- 8) Dr. Nivedita Pingale - Member



X. 7. Pandemic Management

History of Pandemic

Objectives:

1. Define pandemic and differentiate it from epidemic
2. Identify the factors responsible for pandemics
3. Describe the key strategy that were adopted in prevention and control of these pandemics

4. Discuss the role of WHO and ICMR

How implemented:

Lecture by Dr. J. S. Gothankar, professor and head Community Medicine on 6th September 2023 between 10:00am -11:00 am

b. Number of students, student distribution amongst different sub components:

105 students attended the session

c. What was done (actual program details?)

Interactive lecture by Dr.Gothankar including videos on various pandemic that occurred in the history The videos were of about 8 minutes.

Student feedback:

Students were very satisfied with the session. They understood the history and how pandemics occurred and they also came to know the role of WHO and ICMR

Feedback of faculty involved:

a. Experience of planning & conducting the activity,

The concerned faculty prepared the PowerPoint presentation and two videos were shortlisted and were screened.

b. Faculty perception of:

Relevance & importance to new joiners:

The students appreciated the difference between the role of WHO and ICMR, some responded that the Pandemics cannot be predicted but they can be controlled and monitored which is crucial in order to ensure minimum deaths etc. They were also explained about the importance of isolation and quarantine incubation period, period of communicability.

How it was perceived by the new joiners:

The session was reported to be informative by the new joiners. They were told to write its reflection in the logbook.



XI. How to write Reflection and give feedback

Session was conducted by:

Dr. Mrunal Ketkar, Professor, Department of Surgery and Head of MEU department

Objectives:

- To familiarize the students with art of writing Reflections and giving Feedback

How implemented:

An interesting and informative talk was delivered by Dr Ketkar in auditorium.

Dr. Ketkar explained the process of reflecting with lots of audio-visual clips.

Analysis of session:

Students were satisfied with the session. The session was very relevant to curriculum as students are expected to write the reflection in log book.



XII. Orientation –Ward Teacher Programme (Student Mentorship Programme)

Session conducted by:

Dr. Varsha M. Vaidya, Professor, Department of Community medicine

Dr. Vidya Kharat Associate professor, Department of Anatomy

Objectives:

- To explain what mentorship is.
- To explain benefits of mentorship to students, faculty and organization.
- To explain responsibilities of Mentor and Mentee
- To explain outline of the Ward teacher program
- To distribute the wards to their teacher mentors

How implemented:

Lecture with power point presentation. Was conducted by Dr. Varsha Vaidya about Orientation of Student Mentoring Programme.

Student feedback:

88% students found session duration satisfactory. 88% were satisfied with content of session. 70% found session topic useful. 72% understood the topic.



XIII. Interaction with Senior Students

Session conducted by

Dr. Sonali Suryavanshi and Dr. Gayatri Gawade and student representatives

• **Objectives:**

To make students feel comfortable by interaction with seniors

How implemented:

The session was conducted twice. New students were divided into small groups. Two or three senior students from all the senior batches, who are toppers in different subjects or are excellent in sports and cultural and class representatives were invited for the event. Each group of junior students had a free and informal interaction with the senior students. They discussed various issues related to studies, books, general rules and life at the campus.

In the second session students wanted to know mainly about research club.

Assessment of outcome:

- 1.The queries and doubts of new batch students got solved by this active interaction with seniors.
- 2.Microsoft Feedback form was circulated after the end of session which gave satisfactory responses.
- 3.Immediate verbal feedback from new batch students and senior students was received. They were overwhelmed with interaction and demanded scheduling the another such sessions in future.
- 4.The second session on demand was planned on 16.9.2023, Saturday, with more emphasis on research based doubts and competitive exams.
- 5.Attached attendance sheet and geotagged photos

5. Analysis of sessions by Student feedback:

- a) Opportunity to learn: Good communication and readiness to guide juniors was the opportunity to learn for senior students. For new batch students: healthy friendly bonding with seniors. For faculty: importance and relevance of topic as CBME.
- b) Experience in brief: All students were overwhelmed with the interaction
- c) Relevant to curriculum: Yes, the queries were with respect to time management and study planning and use of textbooks as per instructions given which were relevant to curriculum.

Student Responses: Overwhelming response with happy faces

Students liked most –The informal queries by new batch students were solved by seniors which gave them assurance and helped to alleviate anxiety. The enthusiasm amongst senior students to interact with juniors was well felt by all.

Suggestions by students: Scheduling such session more frequently.

6. Feedback of faculty involved:

- a. Relevance for Planning and conducting the overall activity: The senior students from each professional year and new batch students were grouped in small groups of around 15 students each instead of only one large group which facilitated the active involvement for interaction from all students.
- b. Faculty Perception: To induce and develop the academic and extracurricular balanced environment and culture in the college this activity was helpful.
- c. Recommendations for improvement for subsequent batches:

Attendance of senior students who are interacting also needs to be taken.



XIV. Sensitization to research

1. New challenges and Research opportunities

Session conducted by Dr. Sanjay Lalwani, Medical director BHRC. He emphasized the importance of research and its importance in the career of a young medical student. He explained it with examples of various renowned researchers in the field of medicine. He also made them aware about the facilities available in the institute to help the students.

Students were impressed by the session.

The session was coordinated by Dr. Madhuri Kulkarni



2. Sensitization to research and Research attitude in medical practice

Session conducted by Central Research Publication Unit - Dr. Gauri Oka

Objectives:

- Introduction to research and the importance of doing research in a clinical setting
- Various avenues of research in a clinical setting
- Asking a research question • Where does the research question come from?
- Developing the right research attitude to become a clinician researcher and integrate research into clinical practice
- Practical exercise with examples to formulate a research question according to “PICOT”

How implemented:

Session was conducted in Auditorium with the help of PPTs.

Outcome:

Lot of students showed the interest to do research in first year only. They had idea how to apply for ICMR projects.

XV. Guest lecture

1. Transformational challenges and New Frontiers by Dr. Suvarna Moti-Pathare

Dr. Suvarna Moti, Professor in Community medicine and Public health specialist from Mumbai, delivered a guest lecture on 9th September 2023 at 10.30 am. She explained the

importance of newer technology and role of a doctor/ medical student in the changing scenario.

Students interacted with the guest speaker and became aware about the various ways by which a doctor can contribute to the society.



2. Skills of mind management through yoga and meditation by Ms. Nupur Singh

Lifestyle coach Ms Nupur Singh conducted a session on Skills of mind management through Yoga for the students on 08.09.23- Wednesday- 11.30 am to 1.00 pm



3. Importance of sport and fitness in young doctors and students

Renowned Physician from Pune Dr. Nachiket Mahindrakar on 14.09.23- Thursday, 10.00- 11.00 am, conducted a guest lecture. He emphasized the importance of physical exercise, healthy diet and good sleep in a life of young doctor who has to face the rigorous training of MBBS. Students asked many questions and doubts.



XVI. Motivational Letter to self

Session Conducted:

Dr. Anuradha Joshi, Professor and Head, Department of Physiology

Coordinated by Dr. Nimti Raina

Objectives:

- To help students to reflect and recollect the resolves with which they have opted for this course.

How implemented:

The aim of the activity is explained to the students were and they were asked to write a letter to themselves and submit. They can revisit their own letter in future whenever they feel low or when there is need of boosting oneself.

Assessment:

After students finished writing the letter, debriefing brought out what the activity meant to them.

Analysis of session:

- a. Students Satisfied with the session: Yes, as it appears from the verbal feedback during debriefing. Structured feedback was not taken.
- b. What was learnt and comments on take home message: 'writing the letter clarified my

own perceptions’, ‘putting it into words strengthened my motivation’

c. Relevant to curriculum: Yes, as expressed above

d. Mode of teaching: Interactive session

Feedback of faculty involved:

a. Planning and conducting the overall activity: Foundation course was Very well organized by Dr. Gosavi. This session does not need any elaborate planning and logistics.

b. Faculty perception: This has been a component of Freshers’ Orientation since many years and is appreciated by students. Students who do write to themselves usually do so when they feel down in the dumps.

c. Recommendations for improvement for subsequent batches: Nil



XVIII. Student Feedback about Foundation Course

Session conducted by:

Dr. Shilpa Gosavi, Professor and Head, Department of Anatomy and Foundation course coordinator

Objectives:

- To understand students’ perspective about the foundation course

How implemented:

An open interactive session was conducted by Dr. Shilpa Gosavi, where students shared their experiences during the foundation course. They also discussed about the sessions they liked and disliked most.

A Microsoft form was created to understand the reactions of students about different sessions, about faculty and their opinion about the importance of foundation course. The link of the form was shared with the students and the responses were analysed.

The following are the student responses to online feedback for foundation course as a whole.



1) How satisfied were you with the foundation course as a whole?

(Scale 1 - Not very satisfied, 5 – extremely satisfied)

75 % rated 5 and 24 % rated 4 with average rating of 4.8

2) How relevant and useful do you think foundation course will be for your MBBS career?

(Scale 1: Not very useful or relevant, 5: Totally useful & relevant)

75 % rated as 5 and 22 % rated 4 with average rating of 4.89

3) Rate overall Interaction with faculty during Foundation Course

Students are happy and satisfied with the faculty interaction

Additional comments on faculty interaction

- It was very nice
- Had interaction with Dr. Doke sir
- It was great
- All the sessions were very engaging and interactive. Every teacher that came gave very important information. Dr Singh's lecture about the role of doctors in society was the most enlightening
- Interaction was very great with each and every teacher especially dr. Iyer sir
- I found the faculty to be very kind and helpful
- Dr. Iyer sir had a session with us about altruism it was such an useful and interactive session
- I feel that are faculty is very very good. The teachers are really helpful
- It was an extremely a knowing session of how a doctor is and the session taken by dr lalwani sir was extremely good
- All the faculties were very friendly and took all the lectures very well also interacted with us very happily in spite of their busy schedule
- Dr Shilpa, Dr Vaidya, Dr Shetty, Dr Joshi were extremely helpful and considerate throughout the course... lectures by Dr Nagpal(optha) was extremely interactive and thought provoking
- Pretty Good
- Interaction with all the faculties was brilliant
- Dr. Iyer talked about professional and altruistic behavior Dr.manjiri datar talked about time management all sessions are very good we learned a lot of things
- Dr. Shilpa Gosavi Dr. Iyer
- All sessions were really knowledgeable and will be helpful in our future journey too. I loved all the sessions and a few faculty members i remember are Dr. Singh, Dr. Jyoti Shetty, Dr. Anuradha Joshi and Dr. Lalwani.
- All the teachers were good and were really helpful
- Dr. VP Singh gave a very nice lecture which really stood out, Shilpa ma'am also helped us throughout the whole course
- Very interactive sessions and all the faculty staff are extremely helpful and welcoming
- I joined late, but I enjoyed every single session so far. Especially when we were taken to the Simulation Lab. Also, Dr. Pradan's session was extremely insightful. Looking forward for 5.5 years worth of such magical sessions.
- Dr Iyer...he is very interactive and due to this his his lecture was quite interesting
- It was an awesome experience to interact with the faculty
- All were so welcoming.. Filled with immense warmth.
- All teachers seem extremely supportive and knowledgeable, and I particularly enjoyed Dr Iyyer and Dr Jyoti's lectures
- Very good with all respected faculty
- Personally I see Dr. PP Doke sir as my mentor. Just his speech and everything he told us about his experience and the overall studies was amazing. I will surely look up to him!
- Interaction with the faculty was good

- I found the interactions with all faculties and guest lectures all excellent, they were well planned and all fun. The communication lecture with Dr. Iyer and other faculty I feel was the most fun and best for me.
- all faculty were friendly and helpful
- The entire faculty impressed me and reinstated my belief in medicine.
- Dr. Iyer, Dr. Anuradha Joshi, Dr. Mrunal Ketkar
- Most of the session were very relevant and knowledgeable but Dr. Singh's session in the beginning of the course stuck with me and it gives me sense of motivation to work harder as a medical student.
- Dr VP singh's speech was so good and thoughtful. Dr joshi, dr godbole, dr Iyer and many more inspired me a lot!
- Everyone is good and warm
- Dr. Mrinal Ketkar
- Dr. Pradnya Padalkar maam taught us yoga and meditation which was very good and we were feeling calm , energetic and stress free after doing yoga .
- everyone in the faculty made me feel very welcome.
- All the faculty were extremely understanding and experienced and gave us a lot of useful knowledge and skills.
- The sessions were incredibly helpful and gave us plenty of time to adjust to a very extensive curriculum while still teaching us relevant and extremely important skills and behaviors. Sessions with Dr. Shetty, Dr. Pradhan, Dr. Iyer, Dr. Sanjay Lalwani, Dr. Joshi, Dr. Ketkar were particularly engaging and gave me a lot of fresh perspective about the life of a physician. The hospital visits were really informative and the staff was very accommodating and helped us gain a lot of knowledge about the workings of a hospital.
- We got to interact with several faculties and the interactions with Dr. Mrinal Ketkar ma'am, Dr. Iyer sir, Dr. VP Singh sir left a great and positive impact on my overall thought process and the way I look at this curriculum
- Nice To Meet & Talk to all Faculty. I Hope Their Experience is very helpful for us in Future.
- it was very great interacting with Dr karandikar in her session
- Dr. Jyoti shetty ma'am was very welcoming and seemed very approachable. I will be looking forward to interact with her in the future.
- If someone attentively listens to the sessions conducted he/she will definitely benefit from it at some point of life. Some lectures were really motivating and inspiring like Dr. Lalwani, Dr. Nupur Singh, Dr. Pradhan etc
- Thank you so much to Rautji sir, Iyer sir, Anuradha mam, Lalwani sir, Mani sir, Doke sir, Vaidya mam, Ketkar mam and all the other faculty members for guiding and orienting us in the proper direction of this noble profession.
- The lectures were really good as the teachers and even the guests were really good . I really want to Thank Dr. Gosavi for helping all of us during the course as it was really new and she really didn't get irritated by our consistent questions.
- I felt Dr. Prasad Pore sir did a great work because community medicine is a large topic but he explained very well in short and second faculty was Dr. Sonali

Suryavanshi because the most important topics that is the interactions with seniors and mam taken that topic very well

- I was very comfortable in interacting with the entire faculty and the guest lecturers. One of the highlights of the foundation was Dr. Singh's lecture.
- The faculty is really very helpful. They always answer all the doubts of students and try to support us everywhere possible.
- The interaction with faculties was so feasible. every session had their own thoughts which will help during the entire course. I would like to interact more with all the facilities ahead and gain a drop of knowledge from their ocean of experiences.
- Dr. Shivkumar Iyer were extremely enthusiastic and left us with multiple points to think over at the end of his sessions. Dr. Rachna Lakhe's session on yoga and meditation was also extremely well thought out and executed.
- All the members of faculty were extremely helpful, knowledgeable and cooperative.
- Dr Mrunal ketkar mam's first session was really good it made me comfortable with the college. All the sessions conducted by dr mani sir,dr Singh and all other faculty members were really well delivered, they all explained the topic in such easy and interesting manner it was easy to understand. All the faculties was so approachable regarding any queries.
- I could really connect with Dr. jyoti shetty and found her talks thought provoking
- It was very helpful. Got to know many useful things. It was fun as well
- All were very helpful
- Foundation course has been an enriching and knowledgeable experience for me.
- Dr. Iyer sir's sessions were always interesting and interactive. He acknowledged everyone's personal opinion and never criticized rather accepted both positive and negative aspects of that particular topic.
- The faculty was very helpful and informative and helped form a clear understanding of the concept within the students minds. The CPR training with Dr Preeti was very informative and well explained
- dr. p p doke sir took the sessions in a very fun and interactive manner which all the students seemed to enjoy and i am very excited to be taught by all the faculty.
- All the faculties were trying to build a interactive session and it was the best part of foundation course. So there is not a particular faculty who did not interacted with the students. Every faculty helped us to share our thoughts on a particular topic.
- The faculty were kind and helpful
- Faculty members were warm and welcoming towards all new comers.
- Dr Shilpa Gosavi - very helpful and forthcoming teacher
- It was a great pleasure interacting the teachers and the guests. I am thankful to our Principal Sir Dr. Mandar Karmarkar, Coordinator Dr. Shilpa Gosavi Mam, Dr. Iyer Sir, Dr. Londhe Sir, Dr. Mrunal Ketkar Mam, Dr. Doke Sir and all other faculties for guiding us.
- i enjoyed Dr Chetan Pradhans talk completely
- Very interactive and helpful
- Dr Shilpa Gosavi ma'am handled the foundation course really well
- The faculty was very kind and did make the course much interesting

- Iyer Sir and jyoti mam were very friendly karandikar mam taught Marathi very well all the lectures were nice
- All of the teachers are very good and easy to talk with
- I really liked Dr VP sirs lecture on all the hardships of being a doctor
- i really liked all dr Jyoti Shetty's lectures
- Great rapport formation by Dr. Joshi Maam
- All were so interactive, they were so helping, they also have respect towards students opinions. overall interaction was good with all.

Rate the following sessions overall

(1 = Poor, 2- Average, 3- Satisfactory, 4-Good, 5 = Excellent)

1. Principal's Address – 67% students rated it as excellent 14% found it good
2. Interaction with seniors – 70% students rated it as excellent 13% found it good
3. Guest Lecture – 64% students rated it as excellent, 17% found it good.
4. Skill lab visit – 77% students rated it as excellent, 12% found it good.
5. Working in Helthcare team – 64% students rated it as excellent, 13% found it good.
6. Disability competency – 59% students rated it as excellent, 21% found it good.

Rate the relevance of the session as a fresher medical student

1. Interaction with seniors - Very relevant – 85% Relevant – 13% Not relevant – 0
2. Language - Very relevant – 61% Relevant – 32% Not relevant – 5%
3. Sensitization to research - Very relevant – 71% Relevant – 27 % Not relevant – 0
4. Stress and Time management - Very relevant – 70% Relevant –28 % Not relevant – 0
5. First aid and BLS - Very relevant – 95% Relevant –4 % Not relevant – 0
6. Introduction to curriculum - Very relevant – 77% Relevant – 20% Not relevant – 0

Some important take aways by the students

- The role of a doctor in today's society and communication skills
- To be aware about the curriculum and about the importance of the medical profession
- You should love the profession in which u want to excel ... there is no shortcut to success
- The qualities to be possessed by doctors and the time and stress management that was taught
- We should manage time and stress and also develop good communication skills
- Work Hard, Focus on Goals, Do not Give Up
- Empathy is primary, become an evolving doctor , patient comes first
- The communication skills are the most important also we should be good listeners
- The disability lecture was extremely thought provoking and changed my view on how to handle and deal with differently abled people

- A good Doctor should be a great listener...he should keep care before all other things... His first priority is his care consultancy
- Empathy communication skills body language importance of seeing things from others shoes and being a good listener
- How to separate personal and profession at times in the hospital. 2. Also, the body language is really important while talking to the patient or any health care worker
- How to manage stress and anxiety... how to communicate with patients and how your body language should be while communicating
- Always focus on soft skills and extracurriculars along with academics, being a doctor is a prestigious profession and we must respect it, getting the hands on experience with first aid was the best part of the foundation course
- It is gonna help us a lot in future Biomedical waste is gonna help us prevent infectious diseases
- Ethics . Professionalism. Trust.
- For one to stand out one has to develop various skills. Effective communication and listening skills are the keys for being a good doctor.
- How to help the patients keep calm, How to manage stress and how to treat patients well
- This course has taught me the gravity of the situation that I am here to become a doctor, my dream since I was in 3rd standard.I have been introduced to ways in which a doctor must uphold themselves and I look forward to applying the tips of the foundation course in my professional life.
- To be highly professional, informed about biomedical waste disposal, learnt to be compassionate
- Having the sense of pride and responsibility in what I do 2. That Doctor never rests till his last breath
- Importance of working in a team, sensitive and empathetic towards minority groups, understanding roles of an IMG, general knowledge
- Dr. Chetan Pradhan sir session was really good and he told us about the passion and perfection needed to be a good doctor. Also Mrs Nupurs maam session on yoga and meditation was exciting
- The take home messages for me would be - dont be worried about your marks, focus on yourself and be your own competition. Don't compare yourself to others and attend all the lectures with sincerity
- i wasn't sure what I was getting myself into after joining the college but the foundation course helped me build up confidence and an interest for the upcoming year
- The foundation course helped sensitise us to the medical profession. Slowly and gradually we realised how taxing and demanding the field of medicine is, but at the same time developed a whole new level of understanding and satisfaction about it.
- Importance of Communication, Being sensitive to genders and disabilities and how to deal with them, Learning the importance and role of everyone in the healthcare team, Importance of research
- Being a doctor is a huge responsibility...sports is necessary

- I learnt how to be a responsible doctor....i learnt how to be empathetic and am motivated to be a doctor and work hard.
- i learnt the importance of communication especially with regards to language.I learnt important information with regards to first aid and disability awareness.
- I learned that a doctor faces trials in every aspect of life. They're tested on their integrity, strength, emotional range, honesty, compassion, intelligence, communication and tenacity. But these tests eventually help us become the best versions of ourselves and help us evolve as a human being.
- Got to understand how to communicate properly and avoid miscommunication, Understood the role of empathy and passion in the field of medicine, Got to know the importance of first attenders and first aid, Understood how medicine will always be a team work
- As doctors we need to be passionate about the profession, by making sacrifices which would help us to look after the mankind
- Few take aways from the foundation course were that we were given glimpse of how the medical field works which reassured my decision for choosing it. Lot of general information was taught which was helpful, first aid and bls programs were also very helpful in general and for the future.
- personal. Completing my MBBS course with complete dedication and passion.
- I got to learn about the medical profession a lot. Apart from studies this foundation course taught me how important a physician's role in the community was and what the society expects from us doctors. The BLS practicals were the ones I enjoyed a lot. I also learnt that all the patients should be treated without any discrimination based on their religion, gender, caste, language, etc., and treat everyone empathetically.
- The whole foundation course taught me 1. That marks really don't matter 2. The professionalism we should have as a doctor 3. Not to mix emotion with the profession
- Now i m confident about the upcoming curriculum 2) this teaches me how to be do works effectively
- Post foundation course-I am taking back a lot of lessons. MBBS is a tough course specially for someone like me who doesn't have a medical background. I learnt the significance of this profession and how to deal with the challenges that come along with the same...I have also been very inspired to take up research very soon in my life and it is going to change my life for the better.
- The importance of empathy in this profession. The more you practice the more you will be able to learn. Teamwork is the key to develop overall personality.
- A doctor should have some quantities which play a very imp role in patients life ..such as empathy, kindness, communication, gesture and so on.
- The word "empathy" has been ingrained in our heads and rightfully so, as it is an extremely important aspect of a healthcare worker. During the course of the foundation course, I learnt of the difficulties that lay ahead of me and how I should deal with them.
- The last 15 Days have been the most memorable days of my life, everyday as we got oriented into this new world of Medicine. I've learnt it's going to be extremely exhaustive but at the end of the day it'll be the most rewarding experience. The importance of being a good listener, communicator and having an altruistic behaviour.

- It made me aware that compassion is more important than knowledge in medical profession. learnt importance of communication skills, empathy and consistency in profession..
- Inclusivity as a healthcare worker. Professionalism and ethics. Sensitivity as a doctor
- Communication skills was something which was emphasized in almost every session. Sudden bombarding of the whole syllabus would've frightened us as freshers, hence the overview of entire curriculum calmed down us. The role of an IMG is essential in the overall moulding of our medical career.
- foundation course has given me a very concise idea of the journey i'm about to go on for the remaining of this course and made very enthusiastic about this profession.
- The foundation course helped me in gaining confidence, it also gave an idea about how to work in a team work, it developed my communication skills overall it made me prepare for my medical course
- I learned a lot about important topics like professionalism, the importance of empathy, and the responsibility that comes with being a doctor
- I learnt that marks are not everything and we should also equally focus on our physical and mental health along with our studies.
- Proper and effective planning , Time management and Importance of research in the field of medicine
- I learned about doctors profession. How doctors are the important part of the society. I also learned communication skills and various skills.
- it was very useful. stress and time management was extremely important and to be taught before we start. CPR training was very useful.
- Dr Chetan Pradhan's session was very helpful and interesting
- If you enjoy now you have to struggle later but if you struggle now you will enjoy later
- Your role is to treat the patient not earn or score marks 2) taking care of not only others but yourself is important 3) soft skills are also very important
- I learned a lot of the like team work, time management and respect for everyone around
- a few take aways from the course would be the one to manage stress and the one to inculcate health and fitness into our day to day life to make the quality of life better also the guest lecture which reminded us about the prestige of being a doctor was a good bonus
- Introduction to different options in healthcare, exposure to actual life of a healthcare worker, different management strategies.
- We should keep our opinions and should also listen to others point of view and should also respect that.
- Professionalism, Updating with upcoming AI technology

Your suggestions for improving any of the sessions or Foundation course as a whole?

- Details about upcoming exam patterns

- The suggestion is to avoid the maintenance work as its sometime disturbing and the attendance sheet should be passed to all the students during lectures as well as during extra activities
- I feel more lectures on soft skills, skill development and lectures that provide you an insight into your life as a doctor we're extremely motivating and helped me throughout the foundation course
- No suggestions, I enjoyed every moment of the foundation course
- Would've appreciated more interactive sessions rather than lectures
- I would like to meet all the faculties once more 👍
- Guest lecture should be continued
- Respected teachers And my dear friends . First of all I would like to thank my parents because of whom today I m here .I m fortunate that I got appportunity to be a part of this instituteand study here . Since 1St of September we all r attending the foundation course which has helped us to be acquainted with the staff , various departments, our curriculum, know each other and created a kind of confidence in and most importantly Staying away from home and our near and dear ones is really painful but in these couple of days of foundation course I got many new friends and I m sure this experience will always help me through out in future . Thank u
- Could be for lesser days as it became slightly generic, but overall I felt the faculty was really welcoming and warm , especially Dr Mrunal Maam. Thank you
- I don't have any suggestions, just that I hope to gain access of the various ppts shown to us, especially the ones for Marathi language module
- Briefing about the individual subjects by concerning faculty would have been more useful
- Up until this year I wasn't really aware that medical colleges organised such foundation courses. I used to think that due to these gallons of knowledge we need to gain throughout the career, we would've to gulp it since the day one of 1st MBBS. I was completely wrong, now that I've got to experience the true essence of being in this field through this course, my perspective has gained more dimensions and I hope to maintain this acquired enthusiasm throughout my career.
- No the foundation course was a brief introduction to a beautiful journey to be a doctor
- There could be a few more hospital visits.
- Except language module , everything was great
- The Principal's address was really nice. The Coordination by Shilpa Gosavi Mam was really helpful. And Thankyou to all the faculty members for their wonderful sessions.
- Sessions could be made more interactive and with some activities
- Some sessions could be a little brief
- A lesser of guest lectures and more interaction with faculty members
- There were way too many sessions on stress management but I'm sure they will be helpful in the long run. I just loved the foundation course

All the sessions were recorded and were made available in digital library for the students who got admitted after first round.
